

Created for Westin by

RUNNER'S

WORLD

magazine



3-MILE ROUTE:

1. Leave the hotel front entrance and turn left
2. Cross Promenade Drive and turn left on the sidewalk
3. Follow sidewalk until it turns into a gravel path, keeping the amphitheater on your right
4. Run on the trail and continue past the bridge to Sheridan Blvd.
5. Run under Sheridan Blvd. to fork in path
6. Turn left at fork and cross the bridge
7. Turn around and return to the Westin

5-MILE ROUTE:

1. Repeat steps 1-6 above.
2. Continue on the trail, keeping-lake on your right
3. Go left at fork in path and continue to the bridge
4. Cross bridge and follow the trail as it curves left
5. Immediately look for a stone mile marker with the #2 on it
6. Turn around at this marker and return to the Westin

WESTIN **WORKOUT**[®]

POWERED BY **Reebok** 

Disclaimer Notice As a courtesy to our guests the attached running/walking course map identifies distances and routes created by using an independent outside mapping source. This map was not created by the Hotel. The identified routes are on City public streets and ways. As the Hotel has no direct or indirect control over public areas we urge you to use common sense for your own safety and security. The Hotel in no way guarantees the safety or condition of the identified routes. Use of this map is at your own risk. Please observe all rules and posted signs and warnings, including traffic signals.