

## MASSAGE

**Melt AWAY:** Indulgence, with a deep relaxation, overall mind and body restoration with our two-hour massage experience. A massage customized to your liking including Swedish, and Deep Tissue. Our therapeutic enhancements will further pamper, relax and rejuvenate you. Melt AWAY Indulgence includes the following complimentary added enhancements:

- Revitalizing foot scrub treatment & Reflexology
- Personalized facial mask treatment
- Therapeutic muscle relief gel back treatment
- Aromatherapy neck wrap

120 minutes \$230

**Away Massage:** A customized blend of light to medium pressure. It will rejuvenate the mind, body and spirit, leaving your body refreshed.

30 Minutes \$55

60 Minutes \$100

90 Minutes \$140

**Deep Tissue Sports Massage:** This massage technique offers a more technical and sometimes more aggressive style that works deeper than skin and muscle to reach the fascia and connective tissue. Designed to alleviate soreness and promote blood circulation in areas of stress, tension, sports-related pain, and chronic muscle conditions, this invigorating massage is offered in 60- or 90-minute sessions, to ensure that your muscles are prepared for deep, therapeutic pressure.

60 Minutes \$115

90 Minutes \$160

**Reflexology:** Pressure points on your hands and feet are used to stimulate specific areas of the body. This treatment can aid in removing toxins from the body, improve circulation, reduce stress and leave you feeling revitalized and energetic, can be added to your massage or facial, to custom your experience.

30 minutes \$65, or add it to any treatment for \$45

**Foot Fetish:** Love thy feet. Give them the care they need and re-establish your body's energy flow. With a thumb, finger, and wooden tool, this effleurage of the feet will relieve tension, improve circulation, and enhance your overall wellbeing.

This treatment can also be enjoyed outside in Veranda, Wet, or Beach.

30 minutes \$65, or add it to any treatment for \$50.00

**Maternity Massage:** Specially educated massage therapists will nurture the mother while giving special consideration to the baby. Postnatal massages aid in the healing process of the body during this time of transition. Specialized positioning techniques will ensure maximum comfort during your session.

60 minutes \$100.00

**In Room Service:** Enjoy your AWAY massage in your room. Book prior to 5 pm and a 20% gratuity is added to this service.

60 Minutes \$150

90 Minutes \$180

## **BODY TREATMENTS**

**Away Body Experience:** Indulge your senses with Warm essential oils to help you relax, a dry brushing to help revitalize your skin and a warm body wrap leaving your body hydrated. Includes a scalp massage.

60 minutes \$115

**Melt Away Herbal Wrap:** Herbs and spices melt cellulite through high blood circulation followed by a deep tissue massage with a firming Cinnamon Paprika Body Lotion. You may experience a tingling sensation that lets you know the herbal wrap is continuing to be effective. Not recommended for extremely sensitive skin.

60 minutes \$130

**Rehab:** Have a long night? Shake that hangover with a rebalancing massage for the body, a cold stone massage for the face, and a rejuvenating eye treatment.

90 minutes \$160

**Sweet Temptation:** Have a sweet tooth? Treat yourself to a Sugar Scrub and Chocolate Wrap that will leave you with a sugar rush without the cavities.

60 minutes \$125

## **SKIN CARE**

**Melt Away Facial:** our custom facial treatments with choice of lip or eye treatment it also includes a relaxing massage.... back, neck, shoulders and. A revitalizing hand and foot treatment to complete the perfect experience

90 minutes \$175

**W Facial:** This customized facial is based on your skin needs. Includes, exfoliation, extractions, serum, hydration and a basalt stone face massage. neck and shoulder massage and a hand treatment that will leave you melted away.

60 minutes \$100

**C Facial:** This anti-aging facial featuring a blend of fruit acids, fruit enzymes rich in antioxidants lifts away tired ,dull skin cells and restores skins elasticity, firmness and reduces the appearance of fine lines. Leaves the complexion noticeably brightened

60 minutes \$140

**M Facial:** This micro peel facial, with a gentle lemon enzyme peel, will renew your skin, leaving you feeling smooth and refreshed. This treatment is perfect for anyone missing that “glo.”

60 minutes \$110

**O Facial:** This organic facial is good enough to eat. Enjoy a Paprika exfoliation that will spice you right up, and a Stone Crop Masque that will leave you feeling fresh and firm.

60 minutes \$115

**P Facial:** This effective treatment will help reverse time. A Glycolic 30% or Salicylic Acid 30% peel will help diminish fine lines, pigmentation, and acne.

30 minutes \$125

Every third treatment is 30% off. Series of six recommended. Add this service to any facial for an additional \$50.

Jessner 14%: The ultimate skin renewal treatment. Please schedule a consultation prior to treatment, and be prepared for down time.

30 minutes \$125

Add this service to any facial for an additional \$75.

## WAXING SERVICES

Brow Design	\$ 25
w/facial	\$ 18
Lip	\$ 15
Chin	\$ 15
Full Face	\$ 45
Bikini Line	\$ 35
Narrow Bikini	\$ 55
Brazilian	\$ 75
Half Leg	\$ 55
Full Leg	\$ 75
Arms	\$ 45

Please ask a spa specialist for additional waxing services.

## SKIN & BODY ENHANCEMENTS

Organic Aromatherapy	\$25
Renew Lip Treatment	\$30
Rest your Eyes	\$30
Foot scrub	\$35
Scalp Treatment	\$35
Dry Brushing	\$25
Perfect sense paraffin hand or foot	\$15 or both \$25

## PACKAGES

All Away Spa Packages include a revitalizing scalp treatment, and a reflexology foot treatment.

**The W experience:** Your pampering will start with an Away Body Experience....AWAY Massage, C Facial, Hand and Foot paraffin treatment.

4.5 hrs      \$430

**The Essentials Package:** AWAY Massage, W Facial, eye and lip enhancement and a hand and foot paraffin treatment.

3.5 hrs      \$330

**Get Away:** Enjoy an AWAY Massage, and a W Facial. This treatment will leave you floating away.

2.5 hours    \$230

**The WoW Treatment:** Want it all? During this massage and facial combination, two therapists give you an exfoliation, massage, and a facial experience that will leave you filled with a sense of relaxation and well-being.

90 minutes \$200

**AWAY SPA NAILS:** enjoy our spa nail treatments pool side or indoor by appointment only

**Spa Manicure: \$45.00**

**Spa Pedicure: \$75.00**

## **METRO MAN SERVICES**

**Metro Man Facial:** A deep pore cleansing, powerful enzyme exfoliation, hydrating soothing mask, and protection. Includes neck and shoulder massage.

45 Minutes \$75

**Metro Back Facial:** A powerful enzyme exfoliation, hydrating massage, and mask.

45 minute \$90

**Muscle Massage:** A special massage for your sore muscles. Using a combination of pressure and a soothing aromatic massage gel to help relax the body and mind.

60 Minutes \$110

90 Minutes \$140

Add an exfoliating dry brushing to your muscle massage for \$25.

## **GROOMING**

Nose Trimming	\$ 15
Ear Trimming	\$ 20
Brow Clean Up	\$ 20
Back Wax	\$ 60 & Up
Chest Wax	\$ 60 & Up

## **PACKAGES FOR THE METRO MAN**

**Tip Top Shape:** This package includes a 60 minute Muscle Massage, a 45 minute Metro Facial, Scalp Treatment, and Reflexology.

2.5 Hours     \$240

**Complete Metro Man Package:** This package includes a 60 minute Muscle Massage, your choice of a 45 minute Metro Facial or Back Facial, Scalp Treatment, and Reflexology, and ends with a parafin hand and foot treatment.

3 Hours         \$300

### **TAKE ME AWAY . . . .**

**Personal Training:** I would, but I don't have a clue. Your personal trainer will introduce you to a simple fitness program that makes sense even if you've never set foot inside a gym. You'll get valuable basic information in a supportive, non-intimidating environment.

30 minutes     \$65  
60 minutes     \$110  
90 minutes     \$175

**Help Me Stay On Track:** You'll get the support and motivation you need to maintain your fitness routine while away from home.

30 minutes     \$65  
60 minutes     \$110  
90 minutes     \$175

**Pick It Up A Notch:** Getting bored? Let your personal trainer inspire and motivate you, taking you to a new level of fitness. New, creative, and challenging ideas to increase your performance.

30 minutes     \$65  
60 minutes     \$110  
90 minutes     \$175

**Private Yoga:** Receive personal instruction in the postures, breathing, and stages of mediation. Benefit from this well-established and precious path to peace of mind, physical wellness, and longevity that was formerly reserved to the royal families, monks, and yogis of India, China, and Tibet.

30 minutes     \$65  
60 minutes     \$110  
90 minutes     \$175

## **DOGGIE SERVICE**

**“Pet”icure:** Spoil your special friend with a PETicure that will leave them feeling like the cat’s meow! This 30 minute dog-friendly nail treatment includes a calming massage that will leave your best friend with smooth, filed nails and well-oiled paws!

30 minutes    \$30

Add PAWlish for \$5

## **THE RULES**

There is a 24- hour cancellation policy. We require a credit card to hold your reservation. If you must cancel, please call at least 24 hours in advance so that your credit card will not be charged. Full price will apply to late cancellations.

Please arrive five minutes prior to scheduled appointment time. Regardless of the time you arrive, the treatment will have to end at the scheduled time in order to not inconvenience the next guest, and the full price will apply.

Please turn off your cell phone and speak quietly while in treatment areas.

Feeling good? Let your therapist know with a gratuity.

Services & prices are subject to change.

SPG Points can be redeemed for services. 1500 SPG Points = \$20

To schedule an appointment, call 619-398-3092.